

Tatiana POLING

SENSAME LLC
LICENSED MASSAGE THERAPIST
INTUITIVE CONSULTANT
CULINARY EDUCATOR

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I have been a massage therapist for 15 years and it was through my love of bodywork that I discovered my intuitive abilities. Although I was working as a healthcare dietary director, I always came back to massage, to helping people in the best way I knew how. So I took the plunge and left my corporate job to develop my abilities and pursue my private practice.

In the beginning, I was reluctant to share my empathic approach to healing. I wasn't sure how people would respond to my unique, intuitive approach. Clients initially came to me for bodywork, expecting treatment for their physical issues. While addressing the physical components of my clients' needs, I would occasionally ask permission to share some of the intuitive insights that had come to me during our session. These insights proved very beneficial for many of my clients and helped them gain deeper insight into themselves that facilitated a positive shift in their lives. I knew then that this was a calling I couldn't ignore.

I am a connector. The fundamental goal of my practice is to connect the mind, body and soul. I believe we can all benefit from a little compassion and guidance. Through a combination of bodywork and intuitive guidance I help my clients connect with themselves on a deeper level. My unique approach connects the threads in peoples' lives that help them rediscover their own truths..

I am proud of my journey. I've traveled the world and learned many healing modalities from different masters on many paths. I have two amazing children who are my greatest teachers. I feel proud of the mother and woman I've become by being true to myself and nurturing not only my family but those that put their trust in me to help them.

Ultimately, I'd like to be known as someone whose art empowers others on their path to wellness. I want to be seen as a support system, guide, healer, and trusted friend—as a woman whose compassion is her strength and whose service helps all she touches to feel a little less alone.



The Intuitive Practitioner